



ROKT EDUCATION PACK

“Must we always teach our children with books? Let them look at the mountains and the stars up above. Let them look at the beauty of the waters and the trees and flowers on earth. They will then begin to think, and to think is the beginning of a real education.”

David Polis

June 2011 ROKT Climbing Gym



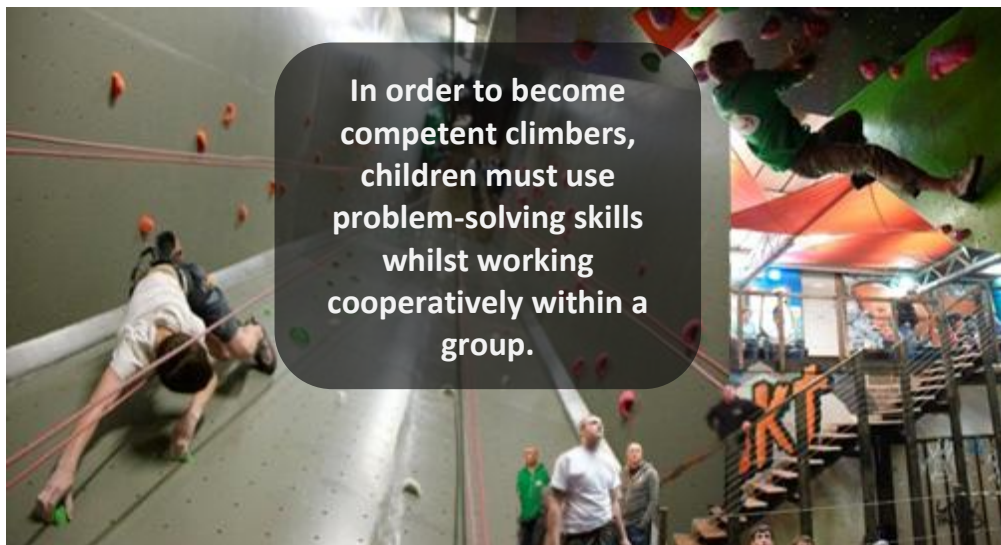
What is the ROKT Education Pack?

This Education pack sets out a range of courses which we currently offer to School and College groups – it is not exhaustive and we can tailor courses to your needs and the needs of the groups. If you are not able to find what you are looking for do not hesitate to contact us, as we are constantly expanding what we can offer and are fully open to creating new courses.

Climbing offers endless opportunities for self-development both emotionally and physically.

More importantly anyone is able to take part and experience a personal progression of their own skills.

Our capable and highly trained instructors are able to deliver tailored sessions to school groups from Year 1 through to Secondary and additionally to GCSE, A Level and NVQ groups.



At ROKT we are fully aware of the aims, values and requirements of the **National Curriculum** and aim to fit your requirements wherever possible. We believe that climbing provides a rich and varied context so that children develop their physical skills in a creative way.

Encouraging and enhancing a child's self-esteem and emotional well-being is crucial and by pushing them out of their comfort zones within a safe and supportive environment we know they will benefit.



Secondary Courses

What we offer

- Highly trained instructors dedicated to teaching climbing skills.
- NICAS awards for all Secondary pupils (<http://www.nicas.co.uk/>)
- ROKT climbing certificates.
- 16.5 m silo for top roped climbing.
- 21m lead wall.
- Abseiling and Via Ferrata style activities.
- Wide range of bouldering facilities.
- Tailored sessions dependent upon age of pupil and qualification being worked towards. (GCSE, A Level, NVQ etc)
- Activity week style one off sessions.
- Session plans related to ethical (green) climbing conventions and rules set out by the British Mountaineering Council.
- Sessions specifically covering the importance of maintaining a healthy lifestyle.
- Information about safe training routines in order to develop own performance.
- Classroom for teacher use to deliver other aspects of the curriculum.

Secondary Key Stage Three

How does a ROKT climbing course fit in with the KS3 curriculum?

First and foremost climbing covers the PE 'outdoor and adventurous activities' strand of the curriculum. Climbing is a fantastic way for pupils to develop both their gross and fine motor skills. We expect pupils to continuously evaluate and make informed choices about how to improve their climbing abilities, with the support of our instructors. We have developed a self and peer assessment tool for students to track their progress over the course. This enables them to closely monitor and produce a constructive critique of their own and others achievements. Pupils will be able to take part in team activities and must work with their team in order to complete activities and set tasks. We have a range of additional team building games that can be delivered as part of the course within a non climbing context.



GCSE, A-Level and Colleges

How does a ROKT climbing course fit in with the GCSE, A-Level and College curriculums?

ROKT's aim is to support the PE and sports curriculums closely - keeping the pupils', teachers' and lecturers' requirements in mind.

We are able to deliver a range of objectives within our courses and aim to tailor them for you. If you wish to bring a group please contact us to ensure we meet your needs.

ROKT Careers

At ROKT we are passionate about giving young people opportunities to shine and follow exciting career paths. We have a number of individuals that are able to give inspirational talks on their different career paths including:

- **An adventure camera man who has travelled to some of the most remote places on the Earth filming adventure climbers and mountaineers.**
- **An experienced climbing coach who has trained and climbed at the some of the highest levels within climbing.**
- **A young local snowboarder who is now ranked amongst the top boarders in the world and is sponsored by the biggest names in winter sports!**

ROKT and Revise

Any activities that ROKT offers can be combined with the use of our classroom for revision sessions for any key stage group.



Key Stage 1, 2, 3, GCSE, A-level, College courses

(These courses require a minimum 6 students, if you would like to book for less than 6 please contact us)

Use of classroom during course (when available):

- £15/hour up to 3 hours
- £65 all day (9:00 to 3:30)

For students wishing to undertake the NICAS award there is an additional cost of £12 per child to cover NICAS booklet / registration fees.



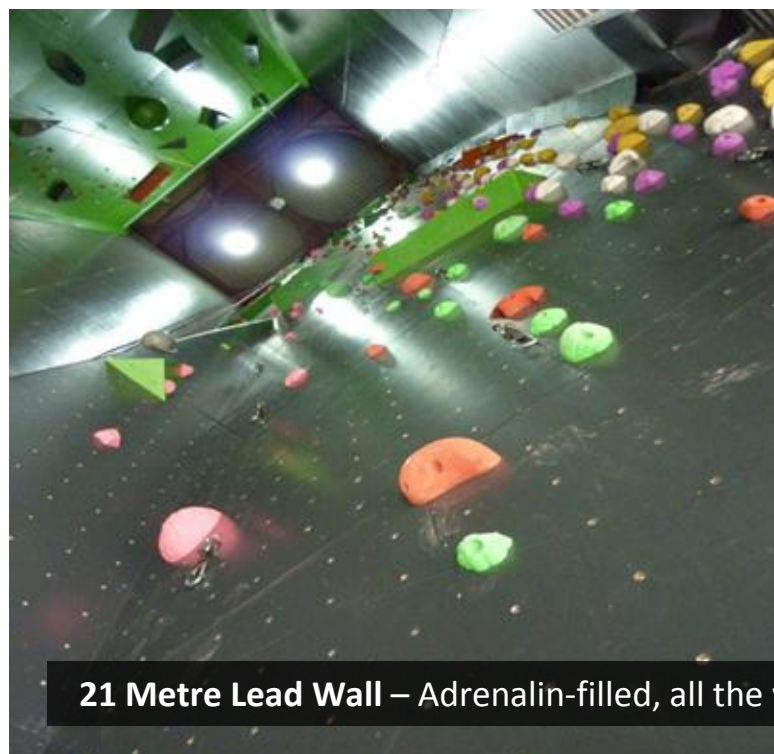
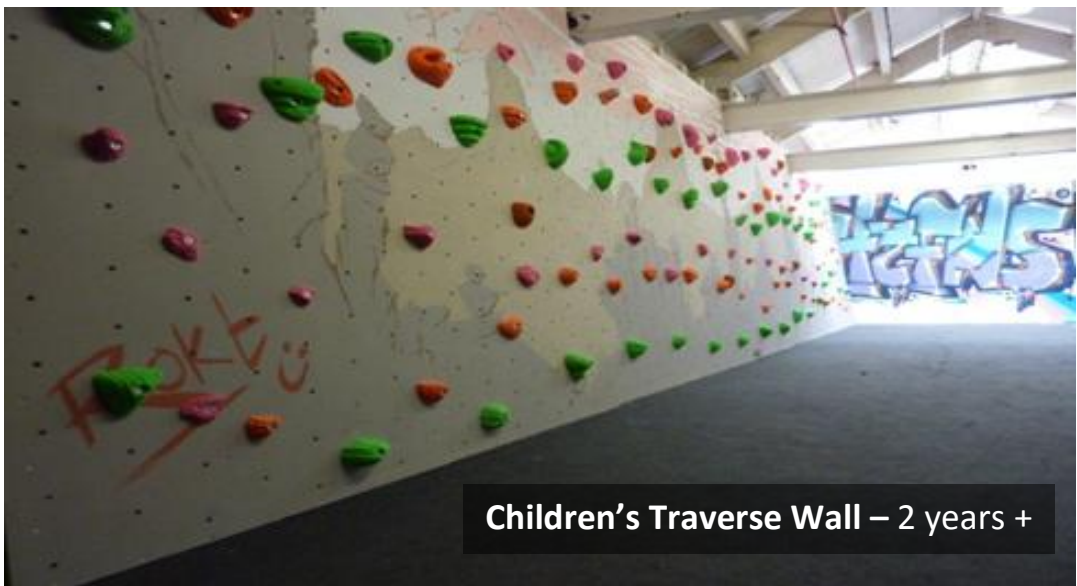
ROKT Careers

If you would like us to provide a careers talk to any of your students please call us and we can provide further information on our speakers, availability, content and cost of their talks as well as any other requirements.



For Secondary Teachers

At ROKT we aim to deliver a session that suits your needs. We have a team of highly trained and well experienced instructors who have a working knowledge of the curriculum. Therefore all objectives can be taken into consideration and developed into a fun, challenging and incredibly exciting course for your class.





General FAQs

When do we offer sessions?

Sessions are normally offered Monday to Friday 9am to 5pm - sessions outside of these times/ days are available.

Do you provide lesson/ session plans?

When you book onto a 5 to 7 week course generic plans are available through e-mail or access is available by request through our website, please contact us for an access key. We have linked session objectives to the national curriculum which you can adapt to your own needs. In addition to this, instructors also fill in a more tailored plan on the day, based upon your group. This is also available for you to take for your own records.

Are Risk Assessments available?

Yes. An up to date version will be emailed to you upon enquiry/booking. We are also able to offer advice, answer any questions on adventurous activity risk assessments with regards to ROKT.

Does a teacher need to be present on the course?

This is a question we feel you can answer yourselves and fully dependent upon your class or group. Our instructors are able to supervise groups of children independently and are all CRB checked. We do ask that a minimum of 1 member of school staff per 15 children is present on site. We have a number of lounge areas with Wi-Fi access that teachers and school staff are welcome to use during courses.

What are ROKT's ratios?

We have 1 instructor per 6 children or 9 children where an assistant instructor is available.

What levels are your staff certified to?

All of our staff members have current enhanced CRB checks and are all either trained and assessed through a comprehensive site specific scheme or qualified to a nationally recognised level.



What additional courses do we offer for children?

We offer a range of climbing courses for children aged 5 to 16 at a range of levels. Contact ROKT directly for more information. Leaflets can be sent out to schools on request.

We also offer other skills workshops such as circus skills that may be available for school groups on request.

Do you accommodate pupils with Additional needs?

Yes. Please do contact ROKT in advance to inform us of all your specific needs. Please note children with additional needs require the same amount of support as they would on your school site.

We are able to accommodate wheel chairs within our bouldering areas however, should you need a classroom area contact us in advance so we can provide you with learning space on the ground floor.



Contact Details

Tel: 01422 893710

Email: Education@rokt.co.uk

Address:

FAO Education Dept.

ROKT Climbing Gym

Mill Royd Street

Brighouse

HD6 1EY



www.rokt.co.uk